Connectivity at home survey
Please complete the survey on the back page.

UQ Young Achievers
Four Year 10 students inducted into the program. Read more...page 2.

Pony Club Champion
Kara Bressington wins Sporting Gymkhana at PACQ State Sporting Championships. Read more...page 3.

Year 11 Leadership Camp
Year 11 students have fun while learning leadership skills. Read more...page 4.

Apprenticeships & Traineeships
Opportunities for school leavers and school-based students. Read more...page 4.

Shooting Awards
Congratulations to Ben Batham, Blake Wilkinson and Mitchell Minnikin. Read more...page 5.

Garden Competition
Staff and students work hard to beautify our grounds, winning 2nd place in Country Week Garden Competition. Read more...page 5.

Mayoral Achievement Award
Congratulations Warrick Wilkinson. Read more...page 5.

Open Day & Showcase
A successful Open Day showcasing our school to prospective students and parents...page 6.

Planning Award
Clifton SHS win award with TRC and Tract Consultants for their contribution to the Clifton Township Concept Master Plan. Read more...page 7.

BYOD
Bring your own device plan for 2017. Read more...page 7.

From the Principal
I have been at Clifton State High three weeks and it has been a pleasure and a source of great pride to share in significant achievements from both staff and students in a variety of areas.

The School Improvement Unit have finalised and sent through the report on the Teaching and Learning Review of the school. Thank you to all staff, students, parents and community members who engaged in this process. The executive summary is very clear that the school is in a good position and that the process and strategies that are in place are working well. I explained to the students that improvement is always going to be a focus which aligns with some of the recommendations indicating that we have a really good foundation which we have to build on to ensure continuous improvement and consistency.

My vision for the school is a fully integrated Information Technology school with access to information for all students and parents no matter where you...
are. We are currently looking into the quality of connectivity staff, students and parents have with the school. Connectivity will provide you with information on a range of aspects such as your student’s attendance, finance, timetable and school reports, that directly impacts on students and you as parents. Connectivity to the school should be possible for you from the comfort of your home. Connecting to the STEM (Science, Technology, Engineering and Maths) initiative will create opportunities for our students and put them at the same level as any other student in Queensland. Students and our parent community deserve to be connected to quality connectivity and the opportunities it brings in an educational and safe environment.

At the Parent’s and Citizen’s meeting last Wednesday, I tabled to keep the school fees the same as this year. The information technology devices will also stay at the same fee structure as this year. The trade-off for this is that next year, we will move into a BYOD (bring your own device) program with minimum specifications.

Negotiations are currently underway with companies to support parents with a no interest payment plan directly with the company. With this newsletter will be a short survey to gauge the connectivity at your home. Please complete the survey and return it to school. The information that we gather will support us in our planning around connectivity. NAPLAN testing is also going online and students who are familiar with their own devices are usually calmer and less stressed in test conditions. The goal for 2017 is to start the BOYD program with Years 7 and 8 students but to also support Years 9 and 10 students as best as possible to engage with the BYOD program. Students in Years 11 and 12 will also be encouraged to bring their own devices where possible. More information will be disseminated to students and parents at an information night which will be scheduled for later in the term.

**Dates to remember for the next 2 weeks:**

- Friday, 21 October 2016: Open day
- Thursday, 27 October 2016: Halloween dance night
- Thursday, 3 November 2016: Awards night.

**Condolences**

On behalf of the whole school community, I would like to offer sincere condolences to Mrs Janet Fiechtnner and her family on the passing of her husband, Malcolm. Our thoughts and prayers are with you.

Yours in Education
Lou Oberholzer
Principal

**Senior School News**

**Dream Believe (Work) Succeed**

**UQ Young Achievers Awards**

We have a number of Years 10, 11 and 12 students who are part of the UQ Young Achievers Awards program. Our two Year 12 students in this program, Gemma Ryatt and Jackson Free, were farewelled at an event in Toowoomba on Monday night. At the same event, our four new Year 10 awardees – Abigail Tovey-Matthews, Shannon Gomez, Kate Dowdle and Richard Statham – were welcomed and had the program explained. They will have UQ student mentors to ease their way into university life as they attend camps and schools as well as undertaking academic challenges over the next two years. We also have three Year 11 students in the program – Christy Phyland, Darcy Brady and Jack Kindelan. Congratulations to our new awardees – our Year 10s.

**Head Start at USQ**

The closing dates for Head Start applications may be checked on the USQ website (there are different dates for the different semesters). Currently, we have students – Georgia Gorkow year 11 and Matt Duncan year 10 as well as Anna Dowdle year 11 – who are applying for programmes either over the summer semester or next year. Other students who are considering this possibility need to ensure that they check due dates and follow the process. They also need to line up an internal supervisor.

**Year 10 and 11 Science Research Opportunity at UQ**

On parade on Tuesday, Miss Campbell told students of a wonderful week long opportunity to undertake real science experiments in a real science laboratory in Brisbane. These SPARQ.ed Research Immersion programmes are open to students (as indicated above, as long as they are over 15 years) or teachers. Students participating in the research immersion programs can opt to complete an additional assessment piece which can earn them a point under the University of Queensland’s Bonus Ranks Scheme. More information about this option can be found [www.dl.uq.edu.au/sparqedbonusrank](http://www.dl.uq.edu.au/sparqedbonusrank).

Student participants are selected through an application process via their school. Applications consist of a section where the applicant writes to stated criteria (interest in science and previous experience working on science related projects) and consideration of the applicant's academic performance. All applications are verified by a school staff contact.

The Upcoming Immersion is from November 28 to December 2 and is looking for years 10 or 11 students to undertake research relating to tumours and melanoma therapy. There are scholarships for students from Regional or Remote areas. If interested, the Expression of interest form must be completed asap for the selection process to go ahead.

**Year 12**

We have four weeks left for our year 12 students. This is a critical time with final assessments that need to be of the highest standards that students can deliver. In the last week of school we will have the usual alternative programme but we have some events occurring earlier during Access sessions on Wednesday. It is important that students are here at school in these last weeks as provision of certificates are dependent on attendance until Friday, 18th November.

Margaret Miller
HOD Senior School
Pony Club Champion

Congratulations to Kiara Bressington who had a great week at the PCAQ State Sporting Championships in Oakey. Kiara placed 1st in the Sporting Gymkhana out of 44 Riders. Kiara came first in the Scudda Ho, 2nd in Flags and picked up a few other ribbons. On Wednesday, Kiara came 7th out of 27 Riders in the Formal Gymkhana, placing 1st in the Wagon Wheel and Drum and Peg and 2nd in the Cloverleaf. Well Done!

Chappy Corner

HELPING TEENS MANAGE EXAM STRESS

School exams can be a very stressful time for teenagers, particularly year 12 exams. Some teenagers get stressed about every exam and others just one or two. But the 2015 Mission Australia survey suggests that school and study are the top concerns for teenagers aged 15-19.

Stress around exam time can not only impact a teenager's mental health but also their physical health and general wellbeing. Having a stressed teenager in the house can also be difficult for the whole family. Helping your teenager manage their stress in the lead-up to exams can help them to study and also reduce the tension at home during the exam period.

Top 5 tips for teenagers

Here are some tips for you to share with your teenager to help them with study and exam stress:

- Write a study timetable and be organised. Having an organised study space and planning study time can help your teenager stay on track and achieve their goals. They may want to talk to their friends or teachers about things they have tried or start a conversation on the ReachOut forums to talk to other teenagers also going through exams.
- Be prepared and understand what is required. Understanding exam requirements and what they will need to do can help them prepare and study effectively.
- Make time to relax, have fun and socialise. Taking breaks can help to reduce stress and reconnect with the world. Breaks should be a mix of relaxing, doing enjoyable things and socialising (online or face-to-face).
- Eat well. Eating healthy food (rather than processed or fast-food) helps to maintain the required energy to study well.
- Be active. Exercise and physical activity is a great way to reduce stress during exams.

Top 7 tips for parents and families

These tips can help you support your teenager in the lead up to exams:

- Talk about symptoms of stress at home and help your teenager to identify when and why they might be feeling stressed. By understanding what makes them stressed they can build the skills to cope better and reduce stress in the future. You may want to share some of your own experiences or tips for coping.
- Help them set up a quiet and comfortable place to study and help them get organised. Talk through their study planning and help them set achievable goals and break their tasks down into bite-sized pieces.
- Help them to write a study timetable that includes breaks and time to relax and socialise.
- Give them some time off household chores during their exam period and schedule family time around their study timetable. Be responsive to their needs and don't ask them to stop studying for something that isn't urgent.
- Help them write a list of things they can do to relax. Making time to relax can help to reduce stress and calm their nerves. By identifying things that help them feel relaxed, they will have a toolkit for managing stress next time.
- Encourage them to be active, eat well and sleep well. Go for walks or be active as a whole family and make healthy meals (limiting caffeine and sugar - teenagers should not drink more than 100ml of caffeine per day).
- Look after yourself. Take time out to relax, have fun and do something for yourself. Even if it is for ten minutes before the kids get up, practicing a little self-care every day can help to reduce your own stress. By taking care of your own wellbeing you will be in a better place to support your teenager through this stressful time.

What to do if your teenager isn't coping

If your teenager really isn't coping with their study load it may be time to seek further support from a professional. A psychologist or counsellor can help them learn strategies to manage their stress. You can also talk to their teachers or year advisor about ways to support them at school. It is also important to talk about different types of achievement. Getting the right exam is not the only way to achieve their goals. Their school's career counsellor can help them to find alternate pathways to uni or assist in applying for special consideration.
Year 11 Leadership Camp
WOW! What an exciting few days we had at Tallebudgera. Everyone arrived bright and early with a feeling of anticipation for what lay ahead. After a little wait for the bus to arrive we were off and going, 31 students and 3 teachers.

While at camp we participated in a number of fun activities. We say fun but must acknowledge that a few activities pushed us to the limits. High ropes and the giant swing were exciting and fun for some. Mr O was lucky enough to arrive in time to see Ms Campbell on the giant swing.

As teachers, we would like to commend the students for their participation and exemplary behaviour. The highlight for us was the level of team work and support for others that the students demonstrated.

Mr Reen, Mr Thorpe and Ms Campbell
Last week, myself and 30 other year 11 students had the privilege of going on a leadership camp at the Tallebudgera Recreation Centre. All activities that we participated in allowed us to demonstrate leadership skills, build friendships and work as a team. The instructors at the camp encouraged us to step out of our comfort zone and experience new things while working together.

The activities that we participated in included; rock climbing, team building activities, high ropes, archery, the giant swing and stand up paddle boarding.

Whilst all of us had an amazing time at camp along with the three teachers that accompanied us, Ms Campbell, Mr Reen and Mr Thorpe, we also had the opportunity to further develop certain skills such as leadership, trust and teamwork.

Anna Dowdle - Year 11
Camp was quite enjoyable. We did many activities that tested our comfort zones. High ropes was testing our courage and brought forward assertive leaders amongst us. The rock wall helped us to keep persisting until we reached a goal that we set for ourselves. Team challenges helped improve our communication skills and utilize each others best qualities. Stand up paddle boarding was quite eventful to say the least. The giant swing tested our limits and pushed us out of our comfort zone again and taught us to take risks and to trust ourselves and our peers. All up, camp was the highlight of our year.

Traineeships and Apprenticeships
Year 12 School Leavers
Boilermaker - Certificate III in Engineering - Fabrication Trade. Mobile business based in Hodgsonvale servicing South Eastern Downs area. Applicants should have a driver's licence and a farming background would be an advantage. Work Experience will be organised for any interested students.

Mechanic - Certificate III in Light Vehicle Mechanical Technology x 2 positions. Applicants must have a genuine interest in the automotive industry. Toowoomba area.

School Based (Years 10 & 11)
Certificate III in Agriculture - Involves working on a dairy farm in the Nobby area.

Certificate II in Automotive Tyre Servicing Technology - work experience available with the opportunity to school based traineeship. Clifton area.

Contact Mandy Beatson for more details.
Shooting Champions

Students who participated in shooting for sport were awarded trophies for highest accumulated points over 5 weeks - Ben Batham, 1st place (pictured above right), Blake Wilkinson, 2nd place (pictured above centre) and Mitchell Minnikin, 3rd place (pictured above left). Well done boys!

Garden Competition

Congratulations to all the staff and students who worked so hard to create and maintain our school’s prize winning garden for the Country Week Garden Competition. The school was awarded second prize in the schools category of the competition. The floral displays of roses, iris’, petunias and daisies are beautiful and the Indigenous garden is looking great. Special thanks to our groundsman, Graham Smith, for the extra effort that was required. Well done everybody.

Mayoral Achievement Award

Our 2016 Mayoral Achievement winner from Clifton SHS is Year 9 student Warrick Wilkinson. Congratulations to Warrick on achieving this prestigious award - a testament to his hard work and participation in learning since he joined our SEP program at the start of the year. Warrick is an amazing student who always goes the extra mile, is the first to volunteer to help others and do extra to assist around the school. Congratulations Warrick - we are very proud of you.
**Open Day & Showcase**

We held another successful Open Day on Friday, 21st October with visitors coming from across the district as well as many from outside our Cluster schools. It was fantastic to see so many students enjoying new experiences facilitated by our teachers and students.

Visitors were welcomed by the Principal, who emphasised how much fun students would have learning at Clifton SHS. Entertainment was provided by current students who recited poetry they had written and by the school band.

Visitors then had a chance to experience several activities such as Physical Education activities, Dancing and Art, visiting the Trade Training Centre, poetry writing and visiting the Agriculture Centre.

A big thanks to all the teachers who went above and beyond in organising activities and students to run these - Art, Music, HPE, Ag Science, English, Hospitality and Manual Arts.

We are currently expecting approximately 40 students into Year 7 for 2017 and we ask anyone who hasn't already filled in and returned their Enrolment Pack to please send this along as soon as possible.

*Ms Alice James*

*HOD Junior Secondary*
BYOD

In 2017 we are introducing Bring Your Own Device (BYOD) to the entire school. The fact is that access to technology and the internet is essential for students today, both at home and at school. When parents purchase a device it means that a student can use it all day at school and then continue with it at home for homework and projects. Numerous studies have been conducted both in Australia and around the world that demonstrate better outcomes when this happens. Clifton SHS is committed to providing computer facilities to support various subjects, but unfortunately no school is in a position to finance a laptop for every student to take home. Parent contribution is essential to achieve a digitally rich 1:1 environment and provide 21st Century learning for students.

In the past few years we have had take-home laptops available for senior students as a result of special funding from the Federal Government. That funding has ceased and those laptops are no longer viable to repair or replace. In 2017 there will be a limited number of tablet devices available for students to borrow on a take-home basis. First preference will be given to Year 12 students.

If your student is currently in Year 10 or 11 and has been assigned a school laptop device (acer 1830) they may continue on the legacy device option but if the laptop fails it may not be repaired and will not be replaced.

Purchasing BYOD Devices

As an Education Queensland school we are prohibited from entering into a partnership with or recommending any one retailer.

We are currently working with several local retailers to offer BYOD solutions that meet the needs of our students. A range of devices will be offered at competitive prices with finance or rental agreements.

We will be holding an information session at school soon where parents can come along to obtain information and ask any questions they may have.

Options for 2017

YEAR 12 STUDENT OPTIONS

1. BYOD Program - Year 12 students are encouraged to participate in the BYOD program. Cost $25/year on boarding fee as an add-on to school fees. (See minimum specifications)

2. Take Home Device - NSSCF Acer Iconia Tablet including warranty, accidental insurance until June 4 2017. Numbers of these devices are limited and will be issued on a first paid – first served basis. Cost: $90/year as an add-on to school fees. Warning: Warranty on these devices expires 4 June 2017. After this date the cost of repairs or replacement due to any damage, accidental or malicious, rests with the student/parent. These devices will not be replaced at end of life.

3. Legacy Take Home Device – NSSCF Acer 1830 laptop. Students who have a legacy device assigned to them may continue using these devices. These devices are no longer covered by warranty or accidental damage insurance and will not offer 3G access. Cost: $50/year as an add-on to school fees. The cost of repairs or replacement due to any damage, accidental or malicious, rests with the student/parent. These devices will not be replaced at end of life.

YEAR 11 STUDENT OPTIONS

1. BYOD Program - Year 11 students are encouraged to participate in the BYOD program. Cost $25/year on boarding fee as an add-on to school fees. (See minimum specifications)

2. Take Home Device - NSSCF Acer Iconia Tablet including warranty, accidental insurance until June 4 2017. Numbers of these devices are limited and will be issued on a first paid – first served basis. Cost: $90/year as an add-on to school fees. Warning: Warranty on these devices expires 4 June 2017. After this date the cost of repairs or replacement due to any damage, accidental or malicious, rests with the student/parent. These devices will not be replaced at end of life.

3. Legacy Take Home Device – NSSCF Acer 1830 laptop. Students who have a legacy device assigned to them may continue using these devices. These devices are no longer covered by warranty or accidental damage insurance and will not offer 3G access. Cost: $50/year as an add-on to school fees. The cost of repairs or replacement due to any damage, accidental or malicious, rests with the student/parent. These devices will not be replaced at end of life.

YEAR 10 STUDENT OPTIONS

BYOD Program - Year 10 students are encouraged to participate in the BYOD program. Cost $25/year on boarding fee as an add-on to school fees. (See minimum specifications)

JUNIOR SECONDARY OPTIONS

BYOD Program – Junior Secondary (Years 7 – 9) students are encouraged to participate in the BYOD program. Cost $25/year on boarding fee as an add-on to school fees. (See minimum specifications)

Minimum specifications

Minimum and preferred specification are available on the following page. There is also information about free software provided by the Microsoft Enterprise Agreement arranged by Education Queensland. There is also information about discounted and free anti-virus software.

If you already have a device that your student could use for school but are not sure that it meets the minimum specifications, please contact us so that we can offer advice on whether the device will be suitable.

If you have any questions at all, please don’t hesitate to get in touch. We are keen to help provide the best solution for your student’s education.

Digital technology at home survey

Attached to this newsletter is a short survey that all families need to complete. The purpose of this survey is to understand the challenges of out-of-school Internet access that students, and parents/guardians, may experience. It addresses devices, places and speed.

The information gathered from this survey is vital to inform school decisions around student learning and parent communication.

Please complete the survey and return to the school by Friday, 28 October, 2016.

Need more information?

Contact IT Support Officer:
Phone: 07 4697 4707
Mobile: 0437 641 277
Email: system.tech@cliftonshs.eq.edu.au
Microsoft Student Advantage
Microsoft Student Advantage allows students with a BYOD to install Microsoft Office on up to 5 of their personal devices for free. You need to sign into the Microsoft Student Advantage page with your school email address and password. If you have difficulties completing this at home please see the online “How to install Office 365 Student Advantage Package”.


Norton Security and Backup
Norton Security and Backup is the consumer grade version of the product that we use at Clifton SHS. The software can now be purchased by students for a single personally owned device. You will find instructions at this website https://phoenix.symantec.com/DETE/index.php?offercode=qldete14 where you will be redirected to the Student Learning Place where you will need to log in with your student username and password. There is a banner there that you have to click on that will redirect you (again) to the store page where you can purchase and download the product. You can choose between one and three year protection for about $10 a year.

Planning Award
A project that the Clifton State High School students were involved in has been awarded a Qld Planning Institute of Australia Award.

Earlier in the year Clifton State High School students participated in a bus tour of parks in the Toowoomba region and two design workshops where they added their ideas and suggestions on plans. Some students, including Adam Hungerford, also attended a Council Workshop (with the Mayor and Councillors), where the Masterplan was presented. Well done students.
Digital technology at home survey – We need your input!

The purpose of this survey is to understand the challenges of out-of-school Internet access that students, and parents/guardians, may experience. It addresses devices, places and speed. The information gathered from this survey will inform school decisions around student learning and parent communication.

1. What year levels will your children be in in 2017?
   □ Year 7    □ Year 8    □ Year 9    □ Year 10    □ Year 11    □ Year 12

2. Do you have internet access at home that your child/children can access?
   □ Yes       □ No
   □ ADSL      □ Not affordable
   □ Cable     □ Don’t think we need it
   □ Wireless  □ No access in area
   □ Mobile    □ Can your family access internet
   □ Satellite □ anywhere else apart from school?
   □ Other ______________________
   Eg. smoothly stream video, quickly
download large files YES or NO

   Is this connection fast and reliable?

3. What type of device do you have at home (if any) that your child would be able to bring in to school?
   □ Laptop
   □ Netbook Computer (Small laptop)
   □ Google Chromebook
   □ Other device ______________________
   □ iPad
   □ Android Tablet
   □ None

4. Would you be able to access and embrace digital communications for student/school information?
   □ QParents - Parents can access up to date information about their student’s timetable, attendance, behaviour, payments, reports and enrolment history.
   □ YES NO
   □ eNewsletter – Interactive online newsletter accessed anywhere you have internet, replacing current print newsletter.
   □ YES NO
   □ eMagazine – Interactive PDF available online and downloadable, can be copied to a CD or other storage media, replacing current printed version.
   □ YES NO

5. Would you be interested in attending an information session about digital technology for learning and parent communication?
   □ YES NO

Please complete this survey and return to the school office by Friday, 29 October, 2016. If you have any other questions or queries, please contact:
IT Support Officer:
Phone: 07 4697 4707
Mobile: 0437 641 277
Email: system.tech@cliftonshs.eq.edu.au

Parent/Guardian Name:
Community announcements

Help promote healthy living at school and WIN!

The Mid North Coast Local Health District has launched a photographic competition to get Australian communities thinking and talking about health.

Primary and high school students are encouraged to grab their mobile phone, tablet or trusty camera to capture images that promote ‘Healthy Life Healthy You’ for their chance to win a laptop computer or a family holiday.

Schools can also share in more than $16,000 in prizes
www.yourhealthlinkphotocomp.com.au

Car for Sale
1997 Ford Falcon Sedan
Dual Fuel, Air Con
& Cruise Control
$1000 O.N.O.
Cal 0408 378 290

For more information please message us on Facebook or see Ms Campbell.